



CDPHP Medication Therapy Management (MTM) Program 2010

As part of the Medicare Part D Prescription Drug Benefit, CDPHP offers a full range of services to members at high risk for medication related problems, through the CDPHP Medication Therapy Management (MTM) program. By helping our chronically ill members use appropriate drugs to treat their medical conditions, the MTM program promotes effective and safe medication use, yields positive medical outcomes, and offers economic value for our members. We accomplish this, in part, by coordinating the involvement of many parties, including beneficiaries, caregivers, care providers, pharmacists, physicians, educators, and care coordinators.

Prospective patient candidates for the CDPHP MTM program are those members who:

- Are enrolled in a CDPHP Medicare plan that includes Part D prescription drug coverage;
- Have at least two or more of the following chronic conditions—asthma, chronic obstructive pulmonary disease, chronic heart failure, hypertension or depression;
- Are taking at least five Part D prescription medications; and
- Will most likely incur high annual drug costs (anticipated to be \$3000 per year)

Participation in the MTM program is voluntary and there is no fee to participate in this program. Members that qualify for participation in the MTM program are contacted by CDPHP.

In the CDPHP MTM program, pharmacists and other health professionals initiate a series of structured, stepped interventions with participants. After initial evaluation, some members will be referred directly into the CDPHP in-house case management services. Some members will be referred to our disease management program, Health Coach ConnectionSM. All members will be offered an annual comprehensive medication review.

For our chronically ill members, the MTM program offers self-care guidance and support to help manage your health needs, adhere to your physicians' plan of care, and help you get the medical care that you need to minimize health risks. If you have any questions regarding this program, please call CDPHP member services at (518) 641-3950 or 1-888-248-6522 (TTY/TDD: (518) 641-4000 or 1-877-261-1164), Monday through Friday, from 8 a.m. to 8 p.m.

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