Coverage for: All Tiers | Plan Type: EPO

CPHP Embrace Health EPO Copayment 221

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-269-2134. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.cdphp.com/contracts</u> or call 1-877-269-2134 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In Network: \$250/Individual, \$500/Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	<u>Deductible</u> does not apply to <u>Preventive</u> <u>care/screening/immunization, Prescription drugs</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$9,100/Individual, \$18,200/Family	If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan does not cover.	Even though you pay these expenses they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a network provider?	Yes. See www.cdphp.com/contracts or call 1-877-269-2134 for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

^{*}If applicable, you may be able to use your Flexible Spending Account and/or your Health Reimbursement Arrangement to cover these costs. Refer to the Summary Plan Description and Plan Document for more information.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You	u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)		
	Primary Care visit to treat an injury or illness.	\$30 copayment/visit	Not Covered	You may use live video visits at www.doctorondemand.com .	
If you visit a health care	Specialist visit	\$50 <u>copayment</u> /visit	Not Covered	None	
provider's office or clinic	Preventive care/screening/immunizati on	No Charge	Not Covered	None	
If you have a test	Diagnostic test (x-ray, blood work)	\$50 copayment/visit	Not Covered	Copayment waived if performed at a designated laboratory/preferred center.	
ii you nave a test	Imaging (CT/PET scans, MRIs)	\$150 copayment/visit	Not Covered	None	
	Tier 1 drugs	Retail: \$10 copayment Mail order: \$20 copayment Deductible does not apply	Retail: Not Covered Mail order: Not Applicable	Covers up to a 30-day supply (retail	
If you need drugs to treat your illness or condition More information about	Tier 2 drugs	Retail: \$50 copayment Mail order: \$100 copayment Deductible does not apply	Retail: Not Covered Mail order: Not Applicable	prescription); 90 day supply (mail order prescription) Prescriptions must be written by a duly licensed health care provider and filled at a participating pharmacy, unless otherwise authorized	
prescription drug coverage is available at https://www.cdphp.com/Me mbers/Rx-Corner	Tier 3 drugs	Retail: \$80 copayment Mail order: \$160 copayment Deductible does not apply	Retail: Not Covered Mail order: Not Applicable	in advance by CDPHP. Specialty drugs are not eligible for the mail order program. This plan has Formulary 2. Drugs obtained at non-preferred retail pharmacies are subject to 50% coinsurance.	
	Specialty drugs	Retail: \$10 copayment/ \$50 copayment/ \$80 copayment Deductible does not apply	Not Covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$200 copayment/visit	Not Covered	You may have reduced cost share for preferred ambulatory surgery centers.	

Common		What You	u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)		
	Physician/surgeon fees	\$50 copayment/visit	Not Covered	None	
	Emergency room care	\$200 copayment/visit	\$200 copayment/visit	All Emergency Care is considered In- Network.	
If you need immediate	Emergency medical transportation	\$200 copayment/visit	\$200 copayment/visit	All Emergency Care is considered In- Network.	
medical attention	Urgent care	\$70 copayment/visit	\$70 copayment/visit	Urgent Care from Non-Participating Urgent Care Centers in Our Service Area are not covered. You may use live video visits.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$1,500 copayment/stay	Not Covered	None	
	Physician/surgeon fees	No Charge	Not Covered	None	
If you need mental health, behavioral health, or	Outpatient services	\$30 <u>copayment</u> /visit	Not Covered	20 visits for family counseling.	
substance abuse services	Inpatient services	\$1,500 copayment/stay	Not Covered	None	
	Office visits	No Charge	Not Covered	Cost share applies for Initial visit to determine pregnancy, subsequent visits are Covered in Full.	
If you are pregnant	Childbirth/delivery professional services	No Charge Not Covered		None	
	Childbirth/delivery facility services	\$1,500 copayment/stay	Not Covered	None	
	Home health care	\$0 copayment/visit Deductible does not apply	Not Covered	Limited to 40 visits per year	
If you need help recovering or have other special health needs	Rehabilitation services	\$50 copayment/visit	Not Covered	60 visits per condition, per Plan Year for PT/OT/ST services combined.	
	Habilitation services	\$50 copayment/visit	Not Covered	60 visits per condition, per Plan Year for PT/OT/ST services combined.	

Common			u Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)		
	Skilled nursing care	\$1,500 copayment/stay	Not Covered	365 days per year	
	Durable medical equipment	50% coinsurance	Not Covered	Limited to 1 prosthetic device, per limb, per lifetime, with repairs. Orthotics and shoe inserts are not covered.	
	Hospice services	\$30 <u>copayment</u> /visit	Not Covered	Limited to 210 days per year	
If your child needs dental or eye care	Children's eye exam	\$30 copayment/visit	Not Covered	One child routine eye exam per benefit period	
	Children's glasses	50% coinsurance	Not Covered	Coverage is limited to "Standard" eyeglasses for children.	
	Children's dental check-up	Not Covered	Not Covered	Preventive Dental is not covered under your medical benefits.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult)

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture 10 visits per benefit period
- Bariatric surgeryChiropractic care

- Hearing aids
- Infertility treatment
- Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is as follows: Contact CDPHP at 1-877-269-2134 (or TTY 711), The New York State of Health NYS Department of Financial Services at (800) 342-3736 or http://www.dfs.ny.gov/, the Health Insurance Assistance Team of the U.S. Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or https://www.doi.gov/ebsa/contactEBSA/consumerassistance.html.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: CDPHP at 1-800-777-2273 (or TTY 711), The New York State of Health NYS Department of Financial Services at (800) 342-3736 or http://www.dfs.ny.gov/, or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1146. The time required to complete this information collection is estimated to average 0.08 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$250 \$50 \$1,500 \$50	 The plan's overall deductible Specialist copayment Hospital (facility) copayment Other copayment 	\$250 \$30 \$1,500 \$50	 The plan's overall deductible Specialist copayment Hospital (facility) copayment Other copayment 	\$250 \$50 \$1,500 \$30
This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)		This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes see Emergency room care (including m Diagnostic test (x-ray) Durable medical equipment (crutch Rehabilitation services (physical the	edical supplies) es)
Total Example Cost	\$12.700	Total Example Cost	\$5.600	Total Example Cost	\$2,800

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	

in this example, reg would pay.		in this example, ode would pay.		in this example, mid would pay.	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$250	Deductibles	\$250	Deductibles	\$250
Copayments	\$1,900	Copayments	\$1,400	Copayments	\$1,100
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$40
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions	\$200
The total Peg would pay is	\$2,150	The total Joe would pay is	\$1,650	The total Mia would pay is	\$1,590



Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

