

## Medicare Advantage Part D High-Risk Medications Requiring Prior Authorization

There is clinical consensus that many commonly used medications can cause toxic effects, drug related problems and medical and safety consequences for older adults. Many of these high-risk medications are noted in the Beers report, NCQA HEDIS measures, and CMS ranking data.

The following list of drugs will require prior authorization for members 65 years of age and older per policies 1350/20.000242 and 1350/20.000359. Please note that this is not a comprehensive list of ALL high-risk medications for older adults. For a full list of drugs that are covered on the Part D formulary, please visit http:// www.cdphp.com/medicare.

High-Risk Medications: Policy 1350/20.000242

- benztropine tabs 0.5mg, 1mg, 2mg
- carisoprodol tabs
- cyproheptadine tabs, syrup
- hydroxyzine hcl syrup, tablet
- hydroxyzine pamoate caps
- megestrol suspension 625mg/5ml
- promethazine injection 25mg/ml, 50mg/ml
- promethazine suppository 12.5mg, 25mg
- promethazine syrup 6.25mg/5ml
- promethazine tabs 12.5mg, 25mg, 50mg
- trihexyphenidyl elixir
- trihexyphenidyl tabs

High-Risk Medications HRM Hypnotics: Policy 1350/20.000359

- eszopiclone tabs 1mg, 2mg, 3mg
- zaleplon caps 5mg, 10mg
- zolpidem tabs 5mg, 10mg