

Fitness in the Park

at Riverfront Park in Downtown Troy



**FREE
SUNDAYS**

**8-9am
Zumba**

**9-10am
Yoga**

**July 7
July 14
July 21
July 28**

**August 4
August 11
August 18
August 25**

Bring your yoga mat, water, and your other fitness essentials!

Brought to you by:

