

Patient Name: Marie Smith
Date of Birth: 01/31/1961
Age: 52
Insurance: Capital District Physician's Health Plan
Gender: Female
Physician: Dr. I. Seedeeten

Marie Smith is an established 52 year old female patient who is here today for a follow-up diabetic examination. Marie was diagnosed with Type 1 diabetes 20 years ago and believes her diabetes had been fairly well controlled until recently. In the past year she has experienced many changes in her life and admits to not taking good care of herself and has gained 15 pounds. Both of her daughters were married and she moved into a new house. Marie reports her home finger-stick glucose levels have been consistently running higher than normal. Marie's lab work here shows her HbA1c levels have been steadily rising. Her level 3 months ago was 8.9% and is now 9.2%. During the examination I discovered that Mrs. Smith has a 1.2 cm ulcer on her left heel and midfoot with muscle necrosis. A dry dressing was applied after wound debridement and irrigation with sterile saline. My office has made appointments for Marie at the wound care center and with our registered dietician. She was started on an antibiotic and an adjustment was made to her insulin. Marie will follow-up her in the office in 1 week.

Dr. I. Seedeeten

This case would be coded:

E10.65 *Type 1 diabetes with hyperglycemia*
E10.621 *Type 1 diabetes mellitus with foot ulcer*
L97.423 *Non-pressure chronic ulcer of left heel and midfoot with necrosis of muscle.*
Z79.4 *Long term use of insulin*

Let's check our coding:

- According to the official ICD-10 coding guidelines; the diabetes mellitus codes are combination codes that include the type of Diabetes Mellitus, the body system affected, and the complications affecting that body system. As many codes within a particular category as are necessary to describe all of the complications of the disease may be used. They should be sequenced based on the reason for a particular encounter. (www.cms.org)
- Diabetes mellitus codes are no longer classified as controlled or uncontrolled. Instead ICD-10-CM classifies inadequately controlled, out of control, and poorly controlled diabetes mellitus by type with hyperglycemia or hypoglycemia. The codes are located in categories E08-E13.
- The tabular notes for E10.621 advise us to code an additional code to identify the site of the ulcer.
- The specificity of non-pressure chronic ulcers has expanded greatly in ICD-10-CM. The codes are located in categories L97 and L98. In order for the most appropriate code to be selected the physician's documentation must include site, laterality, and severity.